



2021 Clackamas LL Safety Quiz

1. What do you check on the field before each game and practice before the players use the field?
2. What jewelry is allowed and not allowed to be worn by players?
3. Who is required to wear a helmet on the field?
4. What divisions are allowed to have an on deck batter?
5. Who is allowed to warm up pitchers?
6. (Baseball Coaches **Tee Ball and Rookie do not answer**) What is the pitch count for baseball for ages 7-8, 9-10, 11-12, 13-16?
7. (Softball Coaches **Minors and Up Only**) What is the inning total per calendar day for pitcher?
8. How many innings does a player in the catcher position to be non-eligible to return to spot if removed?

9. If you have an accident on the field, Who and how long do you have to notify about the accident?

10. What is the time limit to have the accident form filled out and where do you find more copies?

11. How many total days can a player miss before you have to have a physician's release to play?

12. What do you do immediately if you suspect a player is suspected of having a concussion?

13. What are the names of the Oregon Laws for concussions?

14. What are the procedures if a player, volunteer suffers a serious injury?

15. If a player sustains a concussion, when is it appropriate for them to return to play?

Covid 19

16. What is the procedure to check in players/coaches/volunteers to determine if they can play?

17. What is the temperature and symptoms that will not allow a player from playing and practicing?

18. When should you check in a player/coach/volunteer according to the CLL Covid 19 procedures?

19. Who is required to wear a mask and who enforces it during the game?

20. What do you do with the Covid 19 check in sheets you fill out before games and practices?

21. What is CLL mandatory return to play distance between players, coaches, and Fans?